NCA Academy Lunch Menu November 2018

Mon	Tue	Wed	Thu	Fri
			1	2
BREAKFAST ITEMS Breakfast Bar, OR Muffins OR Donuts Fat Free Vanilla Milk Or 1% Milk Yogurt Choice of 2 Fresh Fruit OR Assorted Fruit Cup Or Juice			Nachos Meat / Cheese Sauce / Salsa Corn / Salad or Carrots Fruit / Milk	NO SCHOOL
5	6	7	8	9
French Toast Sticks / Sausage Hash Browns Apple Sauce Celery Sticks Fruit / Milk	NO LUNCH SERVED PACK OR BUY A PRETZEL	Chicken Mashed Potatoes Gravy / Corn Stuffing / Roll Cranberries Carrots / Cookie Fruit / Milk	Half Day No Lunch	Cheese Pizza Corn Salad Carrot Sticks Fruit / Milk
12	13	14	15	16
Hamburger French Fries Green Beans Carrots Sticks Fruit / Milk	Italian Hoagie Baked Lays Chips Peas Cucumbers Fruit / Milk	Pasta Meatballs Sauce / Carrots Salad Breadstick Fruit / Milk	Chicken Patty with Bun Green Beans Baked Lays Chips Carrot or Celery Sticks Fruit / Milk	
19	20	21	22	23
Hot Dog French Fries Baked Beans Cucumbers or Carrots Fruit / Milk	Soft Shell Taco Refried Beans Salad / Carrot Sticks Jell-O Fruit / Milk			
26	27	28	29	30
NO SCHOOL	Nachos Meat / Cheese Sauce / Salsa Corn / Salad Fruit / Milk	Mac & Cheese Broccoli Carrot Sticks or Salad / Roll Fruit / Milk	Chicken Pot Pie Green Beans Salad / Cucumbers Pudding Fruit / Milk	Pepperoni Pizza Corn Salad Celery Sticks Fruit / Milk