



Northside Catholic Assumption Academy



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	11.28.22	11.29.22	11.30.22	12.1.22	12.2.22
		Breakfast Cookies Diced Pears 100% Fruit Juice Milk	Pop-Tart Apple 100% Fruit Juice Milk	Cereal Bars Assorted Fruit 100% Fruit Juice Milk	Doughnuts Assorted Fruit 100% Fruit Juice Milk
		Soft Beef Taco Brown Rice Cheddar Cheese Black Beans Lettuce & Tomato	Chicken Sandwich Baked beans Corn	General Tso Chicken Fried Rice Broccoli	Pizza Pepperoni Steamed Carrots
		Cheese Quesadilla	Hot Dog	Baked Potato w/ Cheese	Waffles w/ Syrup Sausage
		Plus Pears	Plus Banana	Plus Oranges	Plus Assorted Fruit

Contact your Chef Resident Director, Regina Lutz,
by email Regina.Lutz@avifoodsystems.com for questions or comments.

Our Produce Bar includes Romaine Lettuce, Tomatoes, Cucumbers, Carrots, and Broccoli daily.

A Variety of Milk is served at each meal.
Peanut Butter & Jelly Sandwich Offered Daily.
Menu Subject to Change.





