



Northside Catholic Assumption Academy

Free Breakfast
7:45 a.m. - 8:10 a.m.

Free Lunch

Questions or special requests? Please contact your Resident Director

Todd Evans
412-735-5564
tevans@avifoodsystems.com

MAKE IT A MEAL!

A meal includes grain, protein, fruit vegetable and milk Be sure to take at least three components of a meal (including 1/2 cup of fruit of vegetable) to receive our meal pricing!

Daily Produce bar includes

lettuce, tomato, cucumber, carrot and a variety of fruit choices white, chocolate and vanilla milk are offered daily.

Breakfast

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Assorted options Fruit Milk or Juice	Assorted options Fruit Milk or Juice	Assorted options Fruit Milk or Juice	Assorted options Fruit Milk or Juice	NO SCHOOL

Lunch

	Monday 4-Nov	Tuesday 5-Nov	Wednesday 6-Nov	Thursday 7-Nov	Friday 8-Nov
Signature	(2) Chicken Drumsticks Mashed Potatoes Corn	French Toast Brunch with sausage and Hashbrowns	NO LUNCH FID	1/2 Day Italian Wrap	Cheese or Pepperoni Pizza
Grill	Crispy Chicken Sandwich Smiley Fries	Cheeseburger Curly Fries Vegetable	NO LUNCH FID	Goldfish Crackers Vegetable & Fruit	Bosco Sticks w/ Marinara Sauce Vegetable
Available Each Day (Served with Goldfish Graham Crackers and String Cheese)	Uncrustable	Uncrustable	NO LUNCH FID	1/2 Day	Uncrustable
	Chicken Nuggets	Chicken Nuggets	NO LUNCH FID	Uncrustable	Chicken Nuggets



This institution is an equal opportunity provider