



# Northside Catholic Assumption Academy

Free Breakfast  
7:45 a.m. - 8:10 a.m.

Free Lunch

Questions or special requests? Please contact your Resident Director

Todd Evans  
412-735-5564  
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### MAKE IT A MEAL!

A meal includes grain, protein, fruit vegetable and milk Be sure to take at least three components of a meal (including 1/2 cup of fruit of vegetable) to receive our meal pricing!

### Daily Produce bar includes

lettuce, tomato, cucumber, carrot and a variety of fruit choices white, chocolate and vanilla milk are offered daily.

## Breakfast

|           | Monday                                     | Tuesday                                    | Wednesday                                  | Thursday                                   | Friday                                     |
|-----------|--|--|--|--|--|
| Breakfast | Assorted options<br>Fruit<br>Milk or Juice | Assorted options<br>Fruit<br>Milk or Juice | Assorted options<br>Fruit<br>Milk or Juice | Assorted options<br>Fruit<br>Milk or Juice | Assorted options<br>Fruit<br>Milk or Juice |

## Lunch

|  | Monday<br>18-Nov                           | Tuesday<br>19-Nov                                | Wednesday<br>20-Nov                                       | Thursday<br>21-Nov                                       | Friday<br>22-Nov                            |
|--|--|--|---|--|---|
| Signature  | Mini Corn Dogs<br>Potato Chips<br>Broccoli | Pancake Brunch<br>with Sausage and<br>Hashbrowns | Chicken and Rice<br>Burrito with a side of<br>Black Beans | Mac-N-Cheese<br>With or Without<br>Buffalo Chicken Bites | Cheese or<br>Pepperoni<br>Pizza             |
| Grill  | Crispy Chicken<br>Sandwich<br>Smiley Fries | Cheeseburger<br>Curly Fries<br>Vegetable         | Hot Dog<br>Tater Tots<br>Vegetable                        | Bosco Sticks<br>w/ Marinara Sauce<br>Vegetable           | Grilled Chicken<br>Sandwich<br>Potato Chips |
| Available Each Day<br>(Served with Goldfish<br>Graham Crackers and<br>String Cheese) | Uncrustable                                | Uncrustable                                      | Uncrustable   | Uncrustable  | Uncrustable                                 |
|  | Chicken Nuggets                            | Chicken Nuggets                                  | Chicken Nuggets   | Chicken Nuggets  | Chicken Nuggets                             |



This institution is an equal opportunity provider