



# Northside Catholic Assumption Academy

Free Breakfast  
7:45 a.m. - 8:10 a.m.

Free Lunch

Questions or special requests? Please contact your Resident Director

Todd Evans  
412-735-5564  
tevans@avifoodsystems.com

### MAKE IT A MEAL!

A meal includes grain, protein, fruit vegetable and milk Be sure to take at least three components of a meal (including 1/2 cup of fruit of vegetable) to receive our meal pricing!

### Daily Produce bar includes

lettuce, tomato, cucumber, carrot and a variety of fruit choices white, chocolate and vanilla milk are offered daily.

## Breakfast

|           | Monday    | Tuesday                                    | Wednesday                                  | Thursday                                   | Friday                                     |
|-----------|-----------|--|--|--|--|
| Breakfast | NO SCHOOL | Assorted options<br>Fruit<br>Milk or Juice | Assorted options<br>Fruit<br>Milk or Juice | Assorted options<br>Fruit<br>Milk or Juice | Assorted options<br>Fruit<br>Milk or Juice |

## Lunch

|  | Monday<br>2-Dec | Tuesday<br>3-Dec                                 | Wednesday<br>4-Dec                             | Thursday<br>5-Dec                              | Friday<br>6-Dec                            |
|--|-----------------|--|--|--|--|
| Signature  | NO SCHOOL       | Pancake Brunch<br>with sausage and<br>Hashbrowns | Loaded Nachos<br>with a side of<br>Black Beans | General Tso<br>Chicken<br>Broccoli             | Cheese or<br>Pepperoni<br>Pizza            |
| Grill  |                 | Cheeseburger<br>Curly Fries<br>Vegetable         | Hot Dog<br>Tater Tots<br>Vegetable             | Bosco Sticks<br>w/ Marinara Sauce<br>Vegetable | Crispy Chicken<br>Sandwich<br>Potato Chips |
| Available Each Day<br>(Served with Goldfish<br>Graham Crackers and<br>String Cheese) |                 | Uncrustable                                      | Uncrustable                                    | Uncrustable                                    | Uncrustable                                |
|  |                 | Chicken Nuggets                                  | Chicken Nuggets                                | Chicken Nuggets                                | Chicken Nuggets                            |



This institution is an equal opportunity provider