



Northside Catholic Assumption Academy

Free Breakfast
7:45 a.m. - 8:10 a.m.

Free Lunch

Questions or special requests? Please contact your Resident Director

Todd Evans
412-735-5564
tevans@avifoodsystems.com

MAKE IT A MEAL!

A meal includes grain, protein, fruit vegetable and milk Be sure to take at least three components of a meal (including 1/2 cup of fruit of vegetable) to receive our meal pricing!

Daily Produce bar includes

lettuce, tomato, cucumber, carrot and a variety of fruit choices white, chocolate and vanilla milk are offered daily.

Breakfast

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Assorted options Fruit Milk or Juice	Assorted options Fruit Milk or Juice	Assorted options Fruit Milk or Juice	Assorted options Fruit Milk or Juice	Assorted options Fruit Milk or Juice

Lunch

	Monday 9-Dec	Tuesday 10-Dec	Wednesday 11-Dec	Thursday 12-Dec	Friday 13-Dec
Signature	Italian Wrap Smiley Fries Vegetable	French Toast Brunch with sausage and Hashbrowns	(2) Chicken Soft Tacos with a side of Black Beans	(2) Chicken Drumsticks Mashed Potatoes Corn	Cheese or Pepperoni Pizza
Grill	Crispy Chicken Sandwich Smiley Fries	Cheeseburger Curly Fries Vegetable	Hot Dog Tater Tots Vegetable	Bosco Sticks w/ Marinara Sauce Vegetable	Crispy Chicken Sandwich Potato Chips
Available Each Day (Served with Goldfish Graham Crackers and String Cheese)	Uncrustable	Uncrustable	Uncrustable	Uncrustable	Uncrustable
	Chicken Nuggets	Chicken Nuggets	Chicken Nuggets	Chicken Nuggets	Chicken Nuggets



This institution is an equal opportunity provider