



# Northside Catholic Assumption Academy

Free Breakfast  
7:45 a.m. - 8:10 a.m.

Free Lunch

Questions or special requests? Please contact your Resident Director

Todd Evans  
412-735-5564  
tevans@avifoodsystems.com

**MAKE IT A MEAL!**

A meal includes grain, protein, fruit vegetable and milk Be sure to take at least three components of a meal (including 1/2 cup of fruit of vegetable) to receive our meal pricing!

**Daily Produce bar includes**

lettuce, tomato, cucumber, carrot and a variety of fruit choices white, chocolate and vanilla milk are offered daily.

## Breakfast

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Assorted options Fruit Milk or Juice	Assorted options Fruit Milk or Juice	Assorted options Fruit Milk or Juice	Assorted options Fruit Milk or Juice	Assorted options Fruit Milk or Juice

## Lunch

	Monday 16-Dec	Tuesday 17-Dec	Wednesday 18-Dec	Thursday 19-Dec	Friday 20-Dec
Signature	Mini Corn Dogs Chips or Tots Broccoli	Pancake Brunch with sausage and Hashbrowns	Chicken and Rice Burrito with a side of Black Beans	Spaghetti with Meatsauce Broccoli	Lunch Provided by PTG
Grill	Grilled Chicken Sandwich Chips or Tots	Cheeseburger Curly Fries Vegetable	Hot Dog Tots Vegetable	Bosco Sticks w/ Marinara Sauce Vegetable	
Available Each Day (Served with Goldfish Crackers and String Cheese)	Uncrustable Chicken Nuggets	Uncrustable Chicken Nuggets	Uncrustable Chicken Nuggets	Uncrustable Chicken Nuggets	



This institution is an equal opportunity provider