



Northside Catholic Assumption Academy

Free Breakfast
7:45 a.m. - 8:10 a.m.

Free Lunch

Questions or special requests? Please contact your Resident Director

Todd Evans
412-735-5564
tevans@avifoodsystems.com

MAKE IT A MEAL!

A meal includes grain, protein, fruit vegetable and milk Be sure to take at least three components of a meal (including 1/2 cup of fruit of vegetable) to receive our meal pricing!

Daily Produce bar includes

lettuce, tomato, cucumber, carrot and a variety of fruit choices white, chocolate and vanilla milk are offered daily.

Breakfast

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Assorted options Fruit Milk or Juice	Assorted options Fruit Milk or Juice	Assorted options Fruit Milk or Juice	Assorted options Fruit Milk or Juice	Assorted options Fruit Milk or Juice

Lunch

	Monday 6-Jan	Tuesday 7-Jan	Wednesday 8-Jan	Thursday 9-Jan	Friday 10-Jan
Signature	General Tso Chicken Broccoli	Pancake Brunch with sausage and Hashbrowns	Loaded Nachos with a side of Black Beans	Spaghetti with Meatsauce Broccoli	Cheese or Pepperoni Pizza
Grill	Grilled Chicken Sandwich Chips or Tots	Cheeseburger Curly Fries Vegetable	Hot Dog Tots Vegetable	Bosco Sticks w/ Marinara Sauce Vegetable	Crispy Chicken Sandwich Smiley Fries
Available Each Day (Served with Goldfish Crackers and String Cheese)	Uncrustable	Uncrustable	Uncrustable	Uncrustable	Uncrustable
	Chicken Nuggets	Chicken Nuggets	Chicken Nuggets	Chicken Nuggets	Chicken Nuggets



This institution is an equal opportunity provider