



Northside Catholic Assumption Academy

Free Breakfast
7:45 a.m. - 8:10 a.m.

Free Lunch

Questions or special requests? Please contact your Resident Director

Todd Evans
412-735-5564
tevans@avifoodsystems.com

MAKE IT A MEAL!

A meal includes grain, protein, fruit vegetable and milk Be sure to take at least three components of a meal (including 1/2 cup of fruit of vegetable) to receive our meal pricing!

Daily Produce bar includes

lettuce, tomato, cucumber, carrot and a variety of fruit choices white, chocolate and vanilla milk are offered daily.

Breakfast

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Assorted options Fruit Milk or Juice	Assorted options Fruit Milk or Juice	Assorted options Fruit Milk or Juice	Assorted options Fruit Milk or Juice	Assorted options Fruit Milk or Juice

Lunch

	Monday 27-Jan	Tuesday 28-Jan	Wednesday 29-Jan	Thursday 30-Jan	Friday 31-Jan
Signature	Field Trip	Mini Corn Dogs Fries Broccoli	Waffle Brunch with Sausage and Hashbrowns	Spaghetti with Meatballs Green Beans	Cheese or Pepperoni Pizza
Grill		Crispy Chicken Sandwich Fries	Cheeseburger Fries Vegetable	Bosco Sticks w/ Marinara Sauce Vegetable	Chicken Sandwich Fries
Available Each Day (Served with Goldfish Crackers and String Cheese)		Uncrustable	Uncrustable	Uncrustable	Uncrustable
		Chicken Nuggets	Chicken Nuggets	Chicken Nuggets	Chicken Nuggets



This institution is an equal opportunity provider