



Northside Catholic Assumption Academy

Free Breakfast
7:45 a.m. - 8:10 a.m.

Free Lunch

Questions or special requests? Please contact your Resident Director

Todd Evans
412-735-5564
tevans@avifoodsystems.com

MAKE IT A MEAL!

A meal includes grain, protein, fruit vegetable and milk Be sure to take at least three components of a meal (including 1/2 cup of fruit of vegetable) to receive our meal pricing!

Daily Produce bar includes

lettuce, tomato, cucumber, carrot and a variety of fruit choices white, chocolate and vanilla milk are offered daily.

Breakfast

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Assorted options Fruit Milk or Juice	Assorted options Fruit Milk or Juice	Assorted options Fruit Milk or Juice	Assorted options Fruit Milk or Juice	Assorted options Fruit Milk or Juice

Lunch

	Monday 3-Feb	Tuesday 4-Feb	Wednesday 5-Feb	Thursday 6-Feb	Friday 7-Feb
Signature	General Tso Chicken Broccoli	Pancake Brunch with sausage and Hashbrowns	Loaded Nachos with a side of Vegetable	1/2 DAY Italian Wrap Goldfish Crackers Carrot Sticks Apple Slices Goldfish Cookie	Cheese or Pepperoni Pizza
Grill	Crispy Chicken Sandwich Fries	Cheeseburger Fries Vegetable	Hot Dog Fries Vegetable		Grilled Chicken Sandwich Fries
Available Each Day (Served with Goldfish Crackers and String Cheese)	Uncrustable	Uncrustable	Uncrustable		Uncrustable
	Chicken Nuggets	Chicken Nuggets	Chicken Nuggets	Uncrustable	Chicken Nuggets



This institution is an equal opportunity provider