



Northside Catholic Assumption Academy

Free Breakfast
7:45 a.m. - 8:10 a.m.

Free Lunch

Questions or special requests? Please contact your Resident Director

Todd Evans
412-735-5564
tevans@avifoodsystems.com

MAKE IT A MEAL!

A meal includes grain, protein, fruit vegetable and milk Be sure to take at least three components of a meal (including 1/2 cup of fruit of vegetable) to receive our meal pricing!

Daily Produce bar includes

lettuce, tomato, cucumber, carrot and a variety of fruit choices white, chocolate and vanilla milk are offered daily.

Breakfast

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|-----------|--|--|--|--|--|
| Breakfast | Assorted options Fruit Milk or Juice | Assorted options Fruit Milk or Juice | Assorted options Fruit Milk or Juice | Assorted options Fruit Milk or Juice | Assorted options Fruit Milk or Juice |

Lunch

| | Monday 17-Feb | Tuesday 18-Feb | Wednesday 19-Feb | Thursday 20-Feb | Friday 21-Feb |
|---|-----------------------------------|--|-------------------------------|--|--------------------------------|
| Signature | Spaghetti with Meatsauce Broccoli | Pancake Brunch with Sausage and Hashbrowns | Walking Taco with Black Beans | Chicken "Pot Pie" | Cheese or Pepperoni Pizza |
| Grill | Crispy Chicken Sandwich Fries | Cheeseburger Fries Vegetable | Hot Dog Fries Vegetable | Bosco Sticks w/ Marinara Sauce Vegetable | Grilled Chicken Sandwich Fries |
| Available Each Day (Served with Goldfish Crackers and String Cheese) | Uncrustable | Uncrustable | Uncrustable | Uncrustable | Uncrustable |
| | Chicken Nuggets | Chicken Nuggets | Chicken Nuggets | Chicken Nuggets | Chicken Nuggets |



This institution is an equal opportunity provider