



# Northside Catholic Assumption Academy

Free Breakfast  
7:45 a.m. - 8:10 a.m.

Free Lunch

Questions or special requests? Please contact your Resident Director

Todd Evans  
412-735-5564  
tevans@avifoodsystems.com

**MAKE IT A MEAL!**

A meal includes grain, protein, fruit vegetable and milk Be sure to take at least three components of a meal (including 1/2 cup of fruit of vegetable) to receive our meal pricing!

**Daily Produce bar includes**

lettuce, tomato, cucumber, carrot and a variety of fruit choices white, chocolate and vanilla milk are offered daily.

## Breakfast

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Assorted options Fruit Milk or Juice	Assorted options Fruit Milk or Juice	Assorted options Fruit Milk or Juice	Assorted options Fruit Milk or Juice	Assorted options Fruit Milk or Juice

## Lunch

	Monday 3-Mar	Tuesday 4-Mar	Ash Wednesday 5-Mar	Thursday 6-Mar	Friday 7-Mar
Signature	General Tso Chicken Broccoli	Pancake Brunch with Sausage and Hashbrowns	Mac-N-Cheese Biscuit Vegetable	Loaded Nachos with a side of Black Beans	Cheese Pizza
Grill	Crispy Chicken Sandwich Fries & Vegetabale	Cheeseburger Fries Vegetable	Fish Sticks Fries Vegetable	Bosco Sticks w/ Marinara Sauce Vegetable	Fish Sticks Fries Vegetable
Available Each Day (Served with Goldfish Crackers and String Cheese)	<b>Uncrustable</b>	<b>Uncrustable</b>	<b>Uncrustable</b>	<b>Uncrustable</b>	<b>Uncrustable</b>
	Chicken Nuggets	Chicken Nuggets		Chicken Nuggets	



This institution is an equal opportunity provider