



Northside Catholic Assumption Academy

Free Breakfast
7:45 a.m. - 8:10 a.m.

Free Lunch

Questions or special requests? Please contact your Resident Director

Todd Evans
412-735-5564
tevans@avifoodsystems.com

MAKE IT A MEAL!

A meal includes grain, protein, fruit vegetable and milk Be sure to take at least three components of a meal (including 1/2 cup of fruit of vegetable) to receive our meal pricing!

Daily Produce bar includes

lettuce, tomato, cucumber, carrot and a variety of fruit choices white, chocolate and vanilla milk are offered daily.

Breakfast

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Assorted options Fruit Milk or Juice				

Lunch

	Monday 31-Mar	Tuesday 1-Apr	Wednesday 2-Apr	Thursday 3-Apr	Friday 4-Apr
Signature	General Tso Chicken Broccoli	Pancake Brunch with Sausage and Hashbrowns	Loaded Nachos with a side of Black Beans	1/2 Day Italian Wrap or PB&J Goldfish Carrot Sticks Apple Slices Milk	Cheese Pizza
Grill	Crispy Chicken Sandwich Fries & Vegetabale	Cheeseburger Fries Vegetable	Hot Dog Fries Vegetable		Fish Sticks Fries Vegetable
Available Each Day (Served with Goldfish Crackers, String Cheese & Vegetable)	Uncrustable Chicken Nuggets	Uncrustable Chicken Nuggets	Uncrustable Chicken Nuggets		Uncrustable Bosco Sticks w/ Marinara Sauce



This institution is an equal opportunity provider