



Northside Catholic Assumption Academy

Free Breakfast
7:45 a.m. - 8:10 a.m.

Free Lunch

Questions or special requests? Please contact
your Resident Director

Todd Evans
412-735-5564
tevans@avifoodsystems.com

MAKE IT A MEAL!

A meal includes grain, protein, fruit vegetable and milk Be sure to take
at least three components of a meal (including 1/2 cup of fruit of
vegetable) to receive our meal pricing!

Daily Produce bar includes

lettuce, tomato, cucumber, carrot and a variety of fruit choices
white, chocolate and vanilla milk are offered daily.

Breakfast (choose 3 items, one must be fruit and/or juice)

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast Choose 3 items	Assorted options	Assorted options	Assorted options	Assorted options	Assorted options
	Fruit	Fruit	Fruit	Fruit	Fruit
	Milk	Milk	Milk	Milk	Milk
	Juice	Juice	Juice	Juice	Juice

Lunch

	Monday 12-May	Tuesday 13-May	Wednesday 14-May	Thursday 15-May	Friday 16-May
Signature	Chicken Alfredo Pasta Peas	French Toast Brunch with Sausage and Hashbrowns	Chicken Quesadilla with a side of Black Beans	Pasta with Meat Sauce Vegetable	Cheese or Pepperoni Pizza
Grill	Crispy Chicken Sandwich Fries	Cheeseburger Fries Vegetable	Hot Dog Fries Vegetable	Bosco Sticks w/ Marinara Sauce Vegetable	Fish Sticks Fries Vegetable
Available Each Day (Served with Goldfish Crackers, String Cheese & Vegetable)	Uncrustable	Uncrustable	Uncrustable	Uncrustable	Uncrustable
	Chicken Nuggets	Chicken Nuggets	Chicken Nuggets	Chicken Nuggets	Chicken Nuggets



This institution is an equal opportunity provider