



Northside Catholic Assumption Academy

Free Breakfast
7:45 a.m. - 8:10 a.m.

Free Lunch

Questions or special requests? Please contact
your Resident Director

MAKE IT A MEAL!

A meal includes grain, protein, fruit vegetable and milk. Be sure to take at least three components of a meal (including 1/2 cup of fruit or vegetable) to receive our meal pricing!

Daily Produce bar includes

lettuce, tomato, cucumber, carrot and a variety of fruit choices
white, chocolate and vanilla milk are offered daily.

Breakfast (choose 3 items, one must be fruit and/or juice)

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Assorted options	Assorted options	Assorted options	Assorted options	Assorted options
Choose 3 items	Fruit	Fruit	Fruit	Fruit	Fruit
	Milk	Milk	Milk	Milk	Milk
	Juice	Juice	Juice	Juice	Juice

Lunch

	Monday 16-Feb	Tuesday 17-Feb	Wednesday 18-Feb	Thursday 19-Feb	Friday 20-Feb
Signature	Mini Corn Dogs Potato Chips Vegetable	Mini Maple Waffle with Sausage and Hashbrowns	Grilled Cheese Tater Tots Hashbrowns	Chicken Drumsticks Mashed Potatoes w Vegetable	Cheese Pizza
Grill	Bosco Sticks w/ Marinara Sauce Vegetable	Crispy Chicken Sandwich Fries	Bosco Sticks w/ Marinara Sauce Vegetable	Cheeseburger Fries Vegetable	Fish Sticks Fries
Available Each Day (Served with Goldfish Crackers, String Cheese & Vegetable)	Chicken Nuggets	Chicken Nuggets		Chicken Nuggets	
	Uncrustable		Uncrustable	Uncrustable	Uncrustable



This institution is an equal opportunity provider.